

Mountaineer's Haute Route Equipment List

LUGGAGE & PACKING AIDS

- Backpack & Raincover
- Summit Pack
- Packing Cubes

BASIC TRIP GEAR

- Mobile Phone with GPS
- Whistle & Compass
- Sun Glasses
- Headlamp & Extra Batteries
- Toilet Paper & Hand Sanitizer
- Sun Lotion & Lip Balm
- Camera & Accessories
- Sitting Pad
- Water Bladder & Hose
- Water Bottle
- Trail Meds (Aleve)
- Contacts / Eye Glasses
- Personal Medications

HUT CLOTHING / GEAR

- Hut Socks
- Hut Shoes
- Hut Pants
- Hut Shirt
- Hygiene Kit
- Hand Towel
- Ear Plugs
- Eye Mask
- Sleeping Sack

BASIC GROUP GEAR

- Glacier Rope
- Route Maps (Paper & Digital)
- Route Beta (Paper & Digital)
- Satellite Texter & Cable
- Water Filter
- First Aid / Repair Kit

MOUNTAIN CLOTHING

- Underwear (3)
- Short-Sleeve Shirts (2 or 3)
- Long-Sleeve Shirt or Jersey (1)
- Hiking Shorts (1)
- Hiking Pants (1)
- Fleece or Soft Shell Jacket
- Synthetic Puffy Coat
- Windbreaker
- Shell Parka & Pants & Rain Mittens
- Sun Hat & Neck Cape
- Tuque or Beanie
- Fleece or Leather Gloves
- Sun Gloves
- Hiking Socks (2 or 3 pairs)

MOUNTAINEERING & HIKING GEAR

- Helmet
- Harness
- Ice Axe
- Crampons
- Sun Gloves
- Mountaineering Boots
- Trail Shoes (can double as hut shoes)
- Trekking Poles

TRAVEL ITEMS

- Passport
- Debit & Credit Cards
- Permits & Confirmations
- Phone Recharger & Cable
- USB Adapter & Wall Plug
- Electrical Adapter
- Journal & Pens

TRAIL FOOD & DRINK

- Snack Food (restockable enroute)
- Energy Bars
- Electrolyte Mixes